



THE JOURNALIST AND THE BARONESS

A Teen Led Connect Group

GOAL

The goal of this session is to provide examples of saints and holy men and women who revealed God's love in radical and profound ways and challenge us to also be a revelation of the love of God in our social circles.

SCRIPTURE

1 Timothy 4:12

CATECHISM

2015-2016

2471-2472

ENGAGE

SIGNS

Supplies: none

Set Up: none

- Everyone sits in a circle and each person comes up with their sign. This sign should be a small physical movement that can be done silently (e.g., scratching your cheek, a hair flip, pointing, etc.).
- Go around the circle and have each person demonstrate their sign for the group and make sure there are no duplicate signs.
- Choose a volunteer to go to the middle of the circle. The volunteer closes their eyes and the rest of the group decides on one person to start and to pass on the sign — the goal of the game is to silently pass the sign without the person in the middle guessing who is in the process of passing the sign.
- The game starts and the person who is beginning discreetly passes the sign by doing their sign first and then the sign of another person.
- The sign then passes to that person who discreetly does their sign and the sign of another person in the group.
- The sign keeps on being passed around the group until the person in the middle can catch who has the sign. If the person in the middle catches the player with the sign, that player is then in the middle and the game starts over.

REFLECT

Play the video [“The Journalist and the Baroness”](#) found online via the Connect Resources website.

RESPOND

MULTIPLICATION OF LOVE

Place a crucifix in the center of the group or at the front of the room and give each person a notecard and a pen.

Read John 6:1-13 and then use the following as an example to continue to lead the group through this time of reflection:

Who was this boy? Who was he going to feed with those five loaves and two fish? So many people in our lives have sacrificed for us in some way; oftentimes it goes unnoticed and we have no idea. But maybe we do know... maybe we have seen those sacrifices made for us, our family, our friends. What are some ways that others have sacrificed for you?

Ask the group members to take a few moments to silently recall someone who has made sacrifices for them, then continue using the following as an example:

Through the death and resurrection of Christ, we see love multiplied. Each and every one of us has the ability to multiply love by making little sacrifices each and every day. Some seen and some unseen, but through them all love continues to multiply. Take some time to think of one way you can sacrifice for a loved one or a friend this week.

Ask the group members to find a partner and ask them to share with their partner one way they want to sacrifice for a loved one or friend this week. Throughout the week they will check in on their partner and hold one another accountable to doing these acts of love and sacrifice — make sure group members exchange phone numbers or agree on how they will contact one another throughout the upcoming week.

CLOSING PRAYER

Use the following prayer from St. Ignatius of Loyola to end the connection group:

*Lord, teach me to be generous;
Teach me to serve you as you deserve;
To give and not to count the cost;
To fight and not to heed the wounds;
To toil, and not to seek for rest;
To labor, and not to ask for reward -
except to know that I am doing your will.*